

And El Shaddai bless thee, and make thee fruitful, and multiply thee, that thou mayest be a qahal of people.
Genesis 28:3



photo by Josiah Fleenor (age: 5)

Leaven

by Kate Coffelt

We tend to think of leaven as referring to doctrines, and the old leaven which must be removed as false doctrines woven throughout our thinking and beliefs... the 'leaven of the Pharisees'. But Messiah made clear that the leaven of the Pharisees is far more than academic wrong think; it is hypocrisy (the Greek term meaning the wearing of a mask as actors did onstage) and a veiled focus on worldly self gain. (Mt 23:25)

Do we ever wear a mask in our relationship with the Most High, saying the right things but hiding in our hearts worldly wants that are not pleasing to Him? Are our words and actions ever designed to 'get what we want', but carried out so smoothly that even we don't need to admit to ourselves that the intention of our heart is off?

We cannot extract leaven from our old lump, and we are not to try. The annual Feast keeps in remembrance our need to continually purge our 'house' of all the worldly self-interested puffery that naturally migrates there- within ourselves, and within His Body. It is such a gracious reminder that we are required to partake each day of the UN-leavened Bread, as manna in the wilderness... to digest His Word for right doctrine, and to gain the strength needed to pick up our stake daily and to follow Him, in the power of the Holy Spirit, in all hope and joy and peace in believing. (Rom 15:13) **1Co 5:8 "Let us therefore celebrate the festival, not with the old leaven, the leaven of malice and evil, but with the unleavened bread of sincerity and truth."**

Unleavened Bread Recipe

by Tracy Grijalva

The Bible says in **Leviticus 23:6 ...for seven days you shall eat unleavened bread**. So for one week, we not only need to have all the leaven out of our house, but we also must eat unleavened bread. I don't know about you, but matzo is not my personal favorite food to consume daily. Here is an alternative recipe for unleavened bread that you can make with four ingredients: flour, oil, salt, and water.



I personally like the combination of 2 cups of whole wheat flour and 2 cups of all-purpose flour. In the warmer months, I also like to use a mixture of olive oil and coconut oil. I prefer this in the warmer months because, when it is cold out, the tortillas tend to stick together when using coconut oil. I will store the tortillas on my counter for a couple of days; you may also put them in the refrigerator. Your griddle needs to be HOT - around 425 degrees or so. If it is not hot enough, your tortilla will be less flexible. A couple of years ago, I made this video which gives a demonstration of how we make these. Here is the link: <https://youtu.be/kHlzBVbu8P-w?si=liOMdIBNE4aB6IBw>

Leaven - Bad Teachings

by Tracy Grijalva

Yahusha said in **Matthew 16:11-12: 11 How is it that you fail to understand that I did not speak about bread? Beware of the leaven of the Pharisees and Sadducees.** 12 **Then they understood that he did not tell them to beware of the leaven of bread, but of the teaching of the Pharisees and Sadducees.** Furthermore, Paul stated in **1 Corinthians 5:6-7: 6 Your boasting is not good. Do you not know that a little leaven leavens the whole lump? 7 Cleanse out the old leaven that you may be a new lump, as you really are unleavened.**

We need to examine our hearts and minds to identify bad teachings and cleanse out the leaven. When Paul said that a little leaven leavens the whole lump, we can see its application in our lives. What happens when a person joins our fellowship and shares a new teaching or methodology? They often, in excitement, share their new findings. If there are no alert watchmen to discern the good from the bad, what happens next? Others may become excited about this and possibly join this new wave of doctrine. A small new idea can leaven the rest and lead people down a path of potential destruction. This seems to be why Yah commanded that each year we must do some spring cleaning, both spiritually and physically. With permission, I am sharing an article by Amy Guenther from Torah Sisters in the following section. I did not copy the entire article; please visit Amy's website to view the whole thing; the link is in the first paragraph.

Another article worth reading is by Anne Elliot from Homeschooling Torah, where she specifically discusses Alphonzo Monzo, who recently appeared on Michael Rood's Shabbat Night Live Show. This new age-based leaven has been spreading, and it needs to be removed from your house. https://anneelliott.com/2025/02/exposing-the-occult-in-new-age-medicine/?fbclid=IwY2xjawJfhxVleHRuA2FlbQIxMAABHgig8gFxdS5UCsQFKZbrkhxOIsZuk3HgXRVylg8geTFm50mkF9IkYtx8DjyX_aem_dGw-1g0JCJk0sp8PDMLlbAg

Occult Practices in the Torah Community

By Amy Kay Guenther of WholeBibleHealth.com and TorahSisters.com

If you wonder if energy healing, scanning, treatments, and other similar practices are permissible according to Scripture, please read this entire article. (<https://wholebiblehealth.com/2025/01/09/occult-practices-in-the-torah-community/>) Some of you are looking for supernatural healing in the wrong book.

My purpose is to let the Torah-keeping world see that not everyone thinks participating in energy healing practices is permissible according to Scripture.

- This is an introduction to this side of the issue to get you thinking.
- This is not an entire study on this topic.
- Read this with your Bible open. Don't skip the Bible passages.
- There's much more Scripture about this to find on your own.
- I do not have time to answer every objection or question you may have.
- If you are struggling with something I said, study and make your own conclusions. I pray they line up with Scripture. See 2 Tim. 2:15.
- If you want me to hear something from you, email me at editor@WholeBibleHealth.com.
- There's a good chance I won't answer your email. I don't have time to address what everyone wants me to address. I will read your email.
- I'm eager to move away from this topic and return to focusing on the positive things I do at Torah Sisters. This has been hard to write.
- The Bible tells me to protect and defend the weak and oppressed. People who are suffering are being charged money to get relief from their suffering from occult practices and being told unbiblical things. Worse, is that they are being given hope in a practice that goes against the Word of Yahweh, Who they love and serve. I pray this information helps to release them from that oppression.

What is this article about?

I will speak against practices that are not permissible in Torah.

Some of the names they go by include (but are not limited to) the following:

- Energy system
- Bioenergetics
- Life energy
- Scanning, especially remote scanning
- Infusing light information
- Touchpoints for healing
- Frequency healing
- Digital body analysis (in most cases. It's often very vague.)

(CONTINUED ON PAGE 20)

I Didn't Know

by Sharon Fox

It can't be true what many preachers say,
That the law in Gods word is not valid today.
For if that were true throw your bibles away.
To believe this lie would not be okay.

But it's not true. It's not true. No it's not true

The covenant with God I hold very dear,
Yah never lies He is perfectly clear.
He wrote down His guidebook Israels clam,
But it's really intended for all woman and man.

I am grafted. Into YAH family. I am grafted

The Torah was written to help us survive,
Become disobedient and you'll not make it alive.
Come to the Father threw Yeshua the son,
Because YAH desires to save everyone.

Praise Yehovah. Sing Yehovah. Praise Yehovah.

It wasn't my idea to rhyme a new song,
But YAH put it in me so I sang along.
Yeshua is waiting for truth to be heard,
So sing out like an angel and help spread YAH's word

Sing Yeshua Praise Yeshua Sing Yeshua

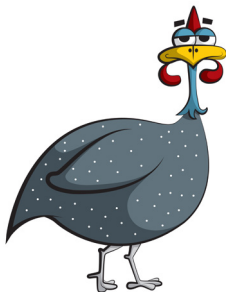
Meat Processing

Have you ever considered raising your own meat birds so that you can ensure the quality of the meat you provide for your family? Christine and Kevin will be processing their meat birds on May 4th and are willing to teach anyone who wants to participate and learn about this skill.

Guinea Keets for Sale

The Osbornes will have 15 guinea keets available for pick-up on April 24th or 25th.

Buyers will need to have a brooder set up for them BEFORE they pick them up, including a heat lamp, as they will only be a couple of days old. If anyone has questions about feed or other inquiries regarding their care, please reach out to Christine.



Mary And Martha

Anonymous

Lord, at times I get so weary from all I have to do.
I try to do everyone's bidding that I might bring glory to you.
I work so hard for you Jesus, yet it never seems enough.
I do all I can to please, but the work gets, oh, so tough.
Some people say I'm a prophet, and so I prophesy.
Others tell me I'm a teacher, to get knowledge, I must try.
Some folks expect me to wear a smile and so I do my best.
Many call me a preacher, and I preach God's word with zest.
Others tell me I have talents that should not go to waste
It's up to me to use them all; to be diligent I must haste.
But when the day is over and I've done all I could do,
Why is my body too tired to get alone; with just me and you?
Have I tried to hard to be what others thought I should?
Instead of listening to your voice, have I misunderstood?
Help me Lord to know your will: Jesus, you know me best.
I'm so tired, I can't go on. Please Lord, I need to rest.
As I sit here, head in hands, there comes a voice to me.
"Son, this is where I want you at. Here you need to be.
Look in the mirror at yourself and tell me who you can see.
Prophet, teacher, preacher, smiles, but son, do you see me?
You've been so busy for my name. You seek the praise for me.
But don't you know the greatest praise, is my will fulfilled in thee?
I would you choose the better part, to sit down at my knee.
I have called you unto rest, found by communing with me.

Eggs & Produce for Sale

The Osbornes are selling non-gmo, organic fed chicken eggs for \$5/dozen.



Washed Non-Toxics

by Nicole Shelumiel

At Washed Non-Toxics we believe it's important to avoid harsh chemical cleaning products, as we wouldn't want our own families breathing, eating from, and absorbing chemicals through their skin. Our products are non-toxic natural cleaning agents made with colloidal silver which safely clean surfaces and leave them crisp and fresh. You can stop wasting paper towels: our natural cleaning sprays can be easily wiped with a cloth and washed with your other laundry. If you find crisp cleanliness extra satisfying yet don't want to breathe toxic chemicals in the upkeep of your home, you are in great company here. Have a look around the website and feel free to reach out with any questions. Qahal members receive a discount off of list price. www.washednontoxics.com



Sourdough Bread for Sale

by Tracy Grijalva

Have you tasted Amber's bread? If not, you may want to (after Unleavened Bread, that is!) She is selling her sourdough for \$6 per loaf. The loaves are non-GMO and taste ammmmmazing!



Nails

If any of you ladies have been wanting to get your nails done but haven't because of the toxic products used at salons, then check out the product Christine Osborne uses in her services.

LCN (Light Concept Nails) is considered a resin. It has zero toxicity and is 100% non-porous, whereas acrylic is a porous product that dehydrates, becomes brittle, and is permeable. It is used in surgery to reattach retinas in the eye and as a liquid bandage with no smell/fumes. If you are interested in getting your nails done in a non-toxic way, give Christine a call at (828) 216-4190

Hair

Christine also does hair! Give her a call if you or your kids need their hair cut or trimmed!



Shirt Graphic Design

by Tracy Grijalva

Do you have a design you'd like on a shirt, or just an idea you'd like to see created?

If you already have a design in vector format, the cost starts at \$15 plus the price of the actual shirt (or you can provide your own shirt). Ideas that need to be converted into a vector design will be priced based on the time it takes to create the graphic.



Iqahal Shutterbugs

Spring has arrived! The flowers are blooming, and both young and old shutterbugs are out capturing the beauty that Yah has created. I was thrilled to receive so many photos this month. Here are some of my favorites, presented in no particular order.



Josiah Fleenor



Margo Fleenor



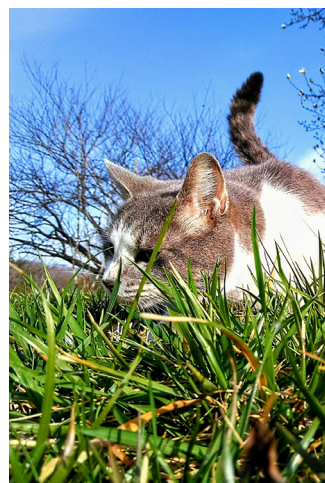
Molly Fleenor



Hanna Grijalva



Mercy Fleenor



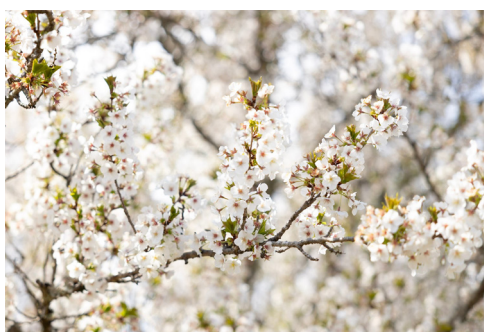
Jadon Reidman



Elena Grijalva



Margo Fleenor



Mercy Fleenor



Olivia Huth



Molly Fleenor

More Shutterbugs

Please keep taking photos this coming month!



Margo Fleenor



Mercy Fleenor



Olivia Huth



Hanna Grijalva



Josiah Fleenor



Elena Grijalva



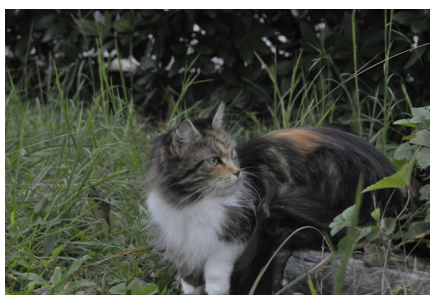
Molly Fleenor



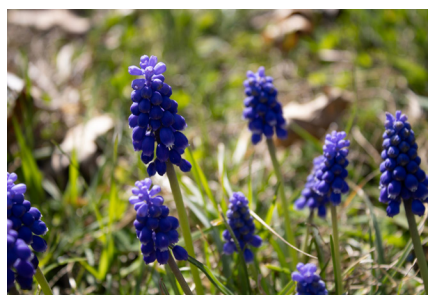
Elena Grijalva



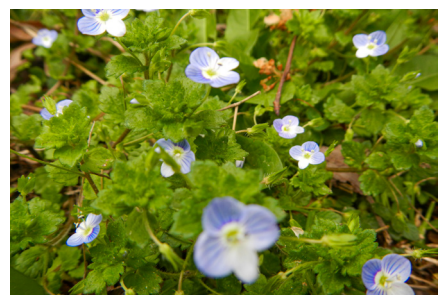
Rosemarie Call



Olivia Huth



Josiah Fleenor



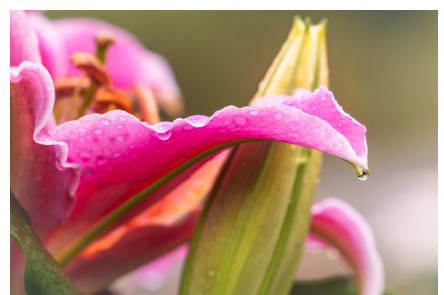
Hanna Grijalva



Rosemarie Call



Michael Rogers



Tracy Grijalva

Spring Feast Days!

by Tracy Grijalva

Happy New Year! The spring feast days are here! On April 11th, we will gather to celebrate Passover at the Rogersville Rescue Squad. Please arrive between 5 and 6pm. While everyone is arriving, the Freedom Story will be playing on the projector. A teaching and dinner will begin at 6pm.

The following day, April 12th, we will be at the same location to celebrate Unleavened Bread and Shabbat together. Nicole has prepared a special treat for the kids that many are helping with. Be sure to arrive by 2pm so we can start on time. Also, remember to bring a biblically clean dish to share.

We will also meet on the last day of Unleavened Bread (4/18) in Harrogate at 2pm. Please bring a dish to share.



2025 Feast Days, Sukkot

by Tracy Grijalva

The dates for the 2025 Feast days are shown in the graphic below. Please mark your calendar. The locations for Shavuot, Yom Teruah, and Yom Kippur are still being determined.

Sukkot will again be in Harrogate, like last year, with a focus on the kids. If you would like to be involved in the planning for Sukkot, please let me know. We learned a lot from last year and hope to resolve some of the kinks so this year will be even better!



Qahals at the Park!

by Tracy Grijalva

Warm weather has arrived! This means we will be moving the upcoming Qahal meetings to the park. We have reserved MLK Park in Morristown for May, July, and August. We will meet on the first Shabbat of these months. Shavuot occurs in June, and Yom Teruah in September - details on those month's meetings will be announced later.



The Journey of His Ways Changes You

From the Heart & Home of Bill & Rosemarie Call

Matthew 13:1 And on that day עשוהי went out of the house and sat by the sea. **13:2** And large crowds were gathered together to Him, so that He went into a boat and sat down. And all the crowd stood on the beach. **13:3** And He spoke to them much in parables, saying, "See, the sower went out to sow. **13:4** "And as he sowed, some indeed fell by the wayside, and the birds came and devoured them. **13:5** "And others fell on rocky places, where they did not have much soil, and immediately they sprang up, because they had no depth of soil. **13:6** "But when the sun was up they were scorched, and because they had no root they withered. **13:7** "And others fell among thorns, and the thorns came up and choked them. **13:8** "And others fell on good soil and yielded a crop, some a hundredfold, some sixty, some thirty. **13:9** "He who has ears to hear, let him hear!"

In looking at the various soils where the seed fell and we look at the seed that fell upon good soil....

How does soil become good soil?

Many of us who have possibly begun to learn about gardening and composting, we know that a lot of stuff goes into compost that at the outset may appear to be garbage or refuse; things such as coffee grounds and banana peels and apple cores and grass clippings, etc. When those things that in the world's eyes are evaluated worthy only to be thrown away are instead 'set apart' and put into a heap that has been dried by the 'sun', and all those 'unworthy' items are turned into a bulk of other matter that's been there in the heap already for various amounts of time, those 'unworthy' items begin to be broken down and get worked into the very heap into which they had been worked and eventually become beneficial matter or 'good soil' that can then be added into the garden where things then grow!

Often, I, and maybe you, too, thought that the conditions that formed us as we grew were what was being meant when this parable spoke of the various types of soil. This led me, and perhaps others maybe, to think that if we weren't raised in a healthy environment/family/homelife, that we had to be one of the ones described by the other types of soil. Well, praise YAH, I am beginning to see things differently and that by His beautiful hand on our lives and our response to it, even those of us who were not originally planted into good soil whereby we developed and grew up strong and healthy from the onset, but instead started out in rocky ground or drought affected land can still become 'good soil' and this blesses my heart so very much.

Please do not lose hope or give up on yourself or on this life or the conditions in which you may currently find yourself. By His loving hand on you and your life and your responding to His love, He can turn the trash heap into a compost heap and transform you from rotting matter into beautifully nutrient rich soil that then can be used to amend the soil of someone else's garden bed where they, too, can become more fruitful and multiply as He always intended for mankind to be...be fruitful and multiply! Bless you all! Thank you for amending my soil and allowing me to be a part of the garden He has placed us all in together here at Berean Echad!



Photo by Mercy Fleenor

Local Fellowships

Are you interested in hosting Shabbats at your house, starting a fellowship, and need help? If you would like your fellowship to be part of the Qahal, please contact Moises @ (423) 300-2089.

Harrogate, TN

Berean Echad Fellowship

Contact: Brad Fleenor – 859.475.8658

Contact: Moises Grijalva – 423.300.2089

279 Keats Drive

Harrogate, TN 37752

bereanechad.com

Services begin at 3pm. Call or text for more information.

Roan Mountain, TN

Contact: Dan Whitaker – price1020@aol.com

Rogersville, TN

Contact: Kate Coffelt – 513.807.9654

Contact: Moises Grijalva – 423.300.2089

Rogersville, TN 37857

Services begin at 11am.

Worker Bees

by Tracy Grijalva

As mentioned in the March newsletter, the Worker Bees were buzzing around Johnson City, helping Nicole with her fallen tree. The tree had also damaged a fence, so they went back to repair it as well - it was a bee-sy day, but they got the job done and it was bee-utiful.

The bees had planned to fly on over to Deer Lodge to help the Huths; however, some rain bee-came a buzz kill. This workday has been rescheduled for April 27th. Please contact Kevin for details.



Bee-hind every great worker bee is a bee-utiful lady; yes, I do know worker bees are actually ladies, but don't get buzzed off with me- I'm just pollen your leg with these puns anyway. I am simply a buzz, excited about how much everyone is coming together to help one another. Some of these ladies gathered at Christine's house to help her with her garden. Even the littlest bees were able to help out.

We will continue to organize helping each other out. If you have jobs at your home that you need help with, please contact Kevin. The ladies are also here to assist each other with some of the less-manly tasks such as organizing, gardening, and cleaning. For these types of tasks, please contact Christine.

Photos by Rosemarie Call



Past Qahal - March

by Tracy Grijalva

This past March, we gathered at the Rogersville Rescue Squad. It was a wonderful time of fellowship, with the youth leading praise and worship. It was truly a blessed experience.

Brad delivered an excellent study titled "Receiving and Practicing Spiritual Gifts." Yah willing, I will edit and publish this video within the next week or so. Be sure to subscribe to the Berean Echad YouTube channel so you don't miss it: [YouTube.com/@bereanechad](https://www.youtube.com/@bereanechad).

Receiving and Practicing Spiritual Gifts

March 22, 2025

Ladies' Get Together

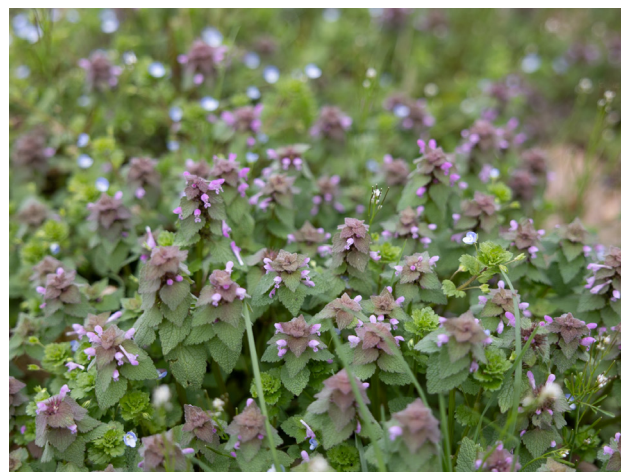
Last month, a group of ladies gathered at Kate's house to learn about natural medicine. The afternoon began with Sharon leading us in some praise, followed by delicious snacks. Once our bellies were full, Kate educated us about tinctures. She took us outside and showed us a few of the beneficial 'weeds' growing in her yard. We collected some Purple Dead-nettle and learned how to make a tincture with it. Kate also showed us other tinctures she had prepared and discussed the various uses for each one. Some of us even took a sample home - thanks, Kate! There was quite a bit of excitement in the weeks that followed as many of us started texting each other about the edible 'weeds' growing around our homes. Yah truly has infused so much beauty and wisdom into His creation, and I am very grateful that Kate took the time to share what she has learned about Yah's creation with us.

In a few weeks, on April 20th, we will be gathering at Rosemarie's home at 2PM for a fun afternoon of needlecrafts. We will share each of our sewing or needle hobbies, such as crocheting, knitting, and cross-stitching. There is also bound to be conversation about tinctures, oils, teas, harvesting wild medicinals, and sharing experiences regarding what we've been up to since learning about these from Kate.

Feel free to bring a clean snack to share. Rosemarie's library- a collection of books on foraging, health, the Bible, and Bible studies- will be open for sharing with anyone who is interested

Below are the planned meetings for the upcoming months. Please only pencil them in your calendar, as these dates are tentative and subject to change!

Date	Locale	Topic/Theme
4/20	Rosemarie's - Kingsport	Needlecrafts
5/25	Tracy's - Sneedville	Bath Bombs, etc
6/29	Nicole's - Johnson City	Recipe Exchange
7/27	Christine's - Mosheim	Meat Preservation
8/31	Amber's - Mosheim	Canning
9/28	Open for volunteers	Open for ideas
10/26	Open for volunteers	Open for ideas
11/30	Open for volunteers	Open for ideas
12/28	Open for volunteers	Open for ideas



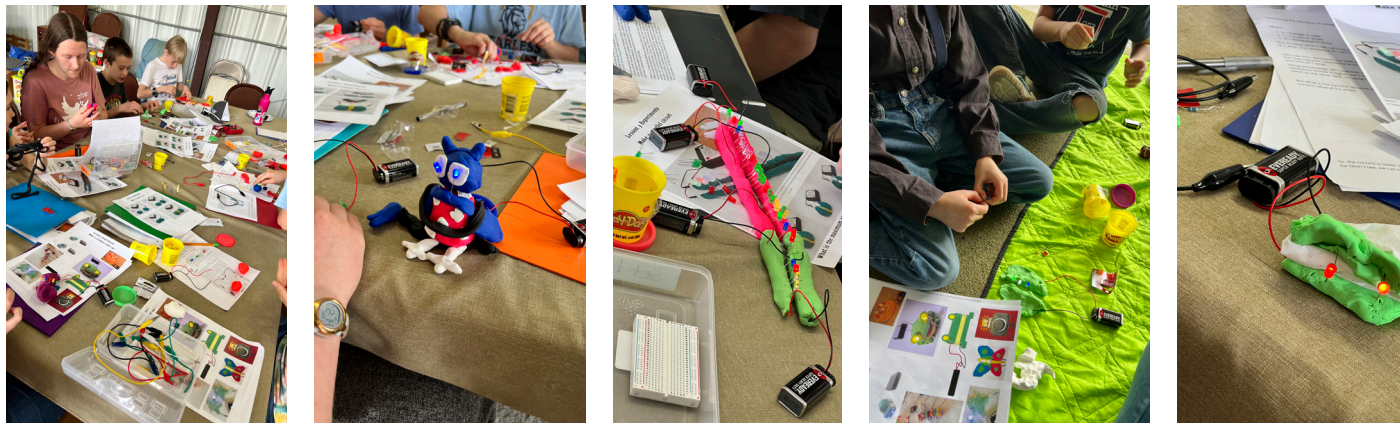
Purple Dead-nettle
Photo by Margo Fleenor



Shalom Studios (SSYP)

by Tracy Grijalva

Shalom Studios has been busy since the March newsletter! On March 13th, they gathered in Harrogate. After enjoying lunch together, they learned about circuits, including how resistors function and how to create series and parallel circuits using Play-Doh. They crafted some imaginative light-up sculptures.



Once their electricity lesson concluded, they closed the garage doors, turned off the lights, and grabbed popcorn to watch the premiere of Children of Israel - Episode 1. If you haven't seen it yet, be sure to check it out on YouTube!



<https://youtu.be/ftz0VRfwo3s>



Watching their hard work on the big screen inspired them to film a scene from Episode 2. It was one of the more enjoyable episodes they filmed and included balls of 'quail', chopping wood, building a fire, and dining around the campfire. This episode is mostly assembled; I just need to finalize the sound, and then it will be released!



Photos by Molly Fleenor, Olivia Huth, Tracy Grijalva

More Shalom Studios (SSYP)

by Tracy Grijalva

Since this newsletter is being released a week later than I anticipated, I can now write about the field trip that Shalom Studios took on April 1st! We were fortunate to be invited to a sheep farm in Annville, Kentucky - a timely trip with Passover approaching. While there, Ms. Jessica gave us a tour of her farm and a wonderful lesson about sheep. She wove together various subjects into the lesson, from history to math to the Bible. She noted that if we took away only one thing from the lesson, it was about sheep, predators, and parasites. We often think of predators as the large animals we can see, like the roaring lion, but there are other threats that are less visible. Jessica was kind enough to send a write-up on this lesson so that I could share it in this newsletter.

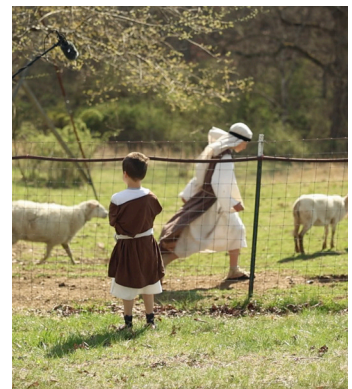
"Predators and Parasites"

by Jessica Madison

The Bible tells us that Jesus is the Good Shepherd and that Satan is like a roaring lion. Satan can also be sneaky, and good shepherds know that one of the biggest threats to sheep is too small to see. Stomach worms can crawl up short blades of grass, infecting the sheep with millions of blood-sucking parasites. There's an important lesson here for us. If we eat too close to the ground (focusing on worldly things) and wallow in our own filth (serving the lusts of the flesh), we will be spiritually sick. When our Lord leads us higher up the mountain to better pasture, we need to follow Him.



After the lesson, Jessica allowed Shalom Studios to film one of their episodes on her farm. Everyone got in costume and had a great time filming Exodus 17 - Water from the Rock (or the dehydrated sheep, as we were calling it).



LOVE, MARRIAGE, AND THE CHURCH

“Que sera, sera, whatever will be, will be.” This was a song that was sung around the middle of the 20th century. It talked about a young girl who was asking her mother what she would be when she grew up. Would she be pretty? Would she be rich? Her mother’s answer was “whatever will be, will be”. As believers in Christ, can we simply leave our future to “whatever will be, will be”? When it comes to a job, vocation, education, or marriage, can we just wait for things to fall into place or should we somehow, prepare for our future? Do we hear the leading of the Lord when it comes to choosing a career path, selecting a college, accepting a job? In most cases, Christians tend to pray about those big decisions. But what about marriage? Do we just lock eyes with that certain person across the room and know right away that that person is destined to be our future spouse? Does our heart go pit-a-patter every time they walk in the room or when we hear their voice? Do we fall blindly in love, throwing caution to the wind, just to be with that person? Is this how we choose our spouse, or do we pray and ask the Lord to give us wisdom to wait for the right person to come along?

Choosing a life’s partner, outside of choosing to follow Christ, is the biggest decision we will probably ever have to make. Finding the right spouse can determine our path for the rest of our life. Therefore, it is important to consider several things.

1. What is the Biblical reason for marriage? Is there one?
2. Should I get married or stay single?
3. What should I look for in a potential spouse and where should I look for him/her?
4. How can I know what a potential spouse might expect from me, and how can I fulfill those expectations?
5. Are my goals in life similar to his/her goals? What will happen when we don’t see eye to eye?
6. What happens once I marry? What changes, if any, will have to be made in my current life style? Am I ready to give it up for my spouse?
7. What happens if he/she doesn’t meet my expectations in this marriage?
8. What about children? How many? How will they be raised? What will our responsibilities be toward them?
9. What if we get a divorce? Will I be able to remarry again?
10. Is divorce ever an answer to a difficult relationship?
11. Where does Yeshua fit into my marriage? Do we need to have the same understanding of how we see Him in our marriage?

LOVE, MARRIAGE, AND THE CHURCH

Unless a person considers these questions, along with many more, he or she may find that the road to a successful relationship is possibly doomed to fail. Before we take that first step into the marriage covenant, we need to ask ourselves if we are ready to commit ourselves to our intended partner for the rest of our lives. As Christians, shouldn't we also be asking similar questions about our relationship with Christ, as his bride? Are we ready to lay aside our desires in order to please our beloved?

1. What is the reason for me to consider becoming the bride of Christ?
2. Should I take that step forward and commit myself to Yeshua, knowing that it may not always be easy to remain steadfast and faithful?
3. What can I hope Yeshua will be like?
4. What will He expect me to be like?
5. Are my will and desires compatible to His?
6. Once I make the commitment to Yeshua, what changes will I have to make?
7. How will I find the time to give him the attention that He deserves?
8. What will happen if Yeshua doesn't meet my expectations in the way I want him to?
9. What if he doesn't answer my prayers or what if he allows me to be tested?
10. Is there ever a real reason to quit my relationship with Yeshua?

Now that we have looked at some of the things we need to consider before stepping into marriage, let's do a deeper dive to see what we and others think. This is the first part of a study about love, marriage and the church. You can answer the questions by yourself or gather a few people together for discussion.

PURPOSES FOR MARRIAGE

1. How do you define marriage?
2. List at least 3 Biblical reasons for marriage. (Use verses where they are found)
3. Do we need to have a license to be married? Find 3 verses that confirm your understanding.
4. Based upon your understanding on the above question, if two virgins (male and female) have sex with each other for the first time, are they considered married in the eyes of God?
5. Read Ephesians 5:22-32. Why do you think Paul compared a physical marriage to the spiritual marriage of Christ and the Church?

Calendar

April

1st Day (Su)	2nd Day (M)	3rd Day (Tu)	4th Day (W)	5th Day (Th)	6th Day (F)	Shabbat
		1 Shalom Studios Field Trip! 12:15	2	3	4	5
6	7	8	9	10	11 Passover Dinner Hawkins Co Rescue Squad 5/6:00	12 Unleavened Bread Hawkins Co Rescue Squad 2:00
13 Unleavened Bread First Fruits (1)	14 Unleavened Bread (2)	15 Unleavened Bread (3)	16 Unleavened Bread (4)	17 Unleavened Bread (5)	18 Unleavened Bread Meeting at Harrogate 2:00 (6)	19 (7)
20 Ladies' Get Together at Rosemarie's -Kingsport- (needlecrafts) 2:00 (8)	21 (9)	22 (10)	23 15 guineas for sale (contact Christine) (11)	24 (12)	25 (13)	26 (14)
27 Tornado Cleanup Deer Lodge (15)	28 Newsletter Submissions Due (16)	29 (17)	30 (18)			

Calendar (cont.)

May

1st Day (Su)	2nd Day (M)	3rd Day (Tu)	4th Day (W)	5th Day (Th)	6th Day (F)	Shabbat
				1 SSYP <i>Breadboards & Manna</i> (19)	2 (20)	3 Qahal at MLK Park 1:00 (21)
4 Chicken processing at Osborne's (22)	5 (23)	6 (24)	7 (25)	8 (26)	9 (27)	10 (28)
11 (29)	12 (30)	13 (31)	14 (32)	15 (33)	16 (34)	17 (35)
18 (36)	19 (37)	20 (38)	21 (39)	22 (40)	23 (41)	24 (42)
25 Ladies' Dsy -Sneedville- (bath bombs, etc) (43)	26 (44)	27 (45)	28 (46)	29 (47)	30 Newsletter Submissions Due! (48)	31 (49)

June

1st Day (Su)	2nd Day (M)	3rd Day (Tu)	4th Day (W)	5th Day (Th)	6th Day (F)	Shabbat
1 SHAVUOT Location TBD (50)	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29 Ladies' Day -Johnson City- (recipe exchange)	30					

Calendar (cont.)

July

1st Day (Su)	2nd Day (M)	3rd Day (Tu)	4th Day (W)	5th Day (Th)	6th Day (F)	Shabbat
		1	2	3	4	5 Qahal at MLK Park 1:00
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27 Ladies' Dsy -Mosheim- (meat preservation)	28	29	30	31		

August

1st Day (Su)	2nd Day (M)	3rd Day (Tu)	4th Day (W)	5th Day (Th)	6th Day (F)	Shabbat
					1	2 Qahal at MLK Park 1:00
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 Ladies' Dsy -Mosheim- (Canning)	25	26	27	28	29	30

Calendar (cont.)

September

1st Day (Su)	2nd Day (M)	3rd Day (Tu)	4th Day (W)	5th Day (Th)	6th Day (F)	Shabbat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 Feast of Trumpets	23	24	25	26	27
28 Ladies' Day -TBD-	29	30 Day of Atonement				

October

1st Day (Su)	2nd Day (M)	3rd Day (Tu)	4th Day (W)	5th Day (Th)	6th Day (F)	Shabbat
			1 Day of Atonement	2	3	4
5	6 SUKKOT	7 SUKKOT	8 SUKKOT	9 SUKKOT	10 SUKKOT	11 SUKKOT
12 SUKKOT	13 SUKKOT	14	15	16	17	18
19	20	21	22	23	24	25
26 Ladies' Day -TBD-	27	28	29	30	31	

Occult Practices in the Torah Community (cont.)

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- Digital body analysis (in most cases. It's often very vague.)
- Chakra
- Reiki
- Energy lines, meridians
- Manifestation
- Information-infused crystals
- Healing frequencies, including music
- Divination – Asking the body questions
- Qi/chi
- Varying kinds of numerology, seeking to make things correlate with Biblical numbers or names
- Kabbalah energy healing
- Variations of any of the above, but with Bible-ish words mixed in, which is literal “mixing.”

In a nutshell

In a nutshell, Yahweh created everything, both natural and supernatural. But Yahweh did not give us access to all of his supernatural creation. That's why the fruit of the Tree of the Knowledge of Good and Evil was off-limits. Satan knows ways for us to access supernatural off-limits things in off-limits ways. Satan gave humans knowledge of how to access the off-limits parts of the spiritual and supernatural creation. That access is called pagan, occult practices.

The pagans learned how to do things that God said were off-limits. They weren't counterfeiting. They were the first. God made the supernatural realm, but the pagans, led by Satan, created unauthorized access to it. The discussion is not about the supernatural realm. The discussion is about the desire (and legality) of having access to it.

An incident does not create a precedent. Just because you see something supernatural being performed in the Bible, it doesn't mean all Believers are permitted to do it, especially with pagan practices. Some people in our Torah Community today are using various methods of that pagan unauthorized access and wrapping it up in a Bible-ish-sounding package and selling it to others to join in. This is wrong.

It's just one pagan occult practice counterfeiting another pagan occult practice but claiming it's from Yahweh and Moses. No, the pagans learned it from demons. People keep telling me, “Amy, you just have to read his book. Then you'll see it's true.” I am reading The Book. That's how I know it's not true!

The practice is growing

There is nothing new under the sun. Satan has always been trying to infiltrate Yah's people by blurring the lines between pagan practices and Yah's holy Torah. **Deuteronomy 18:9-14, Galatians 5:19-23**

The practice of energy healing, diagnosing, and manipulation has been around for thousands of years. It's nothing new, even though people try to wrap it up to sell it in an attractive package. It did NOT originate from Moses or the Bible. Access to the supernatural/spiritual realm like this is not found anywhere in Scripture.

This practice has gained a more significant foothold in the past five years among many in the Torah-keeping community. I looked into it five years ago when I started seeing good, God-fearing people participate in it, and it was clear back then that it was wrong. I did not voice my concerns in a public way. I thought it would go away. Instead, I've only seen its practice and promotion grow. It's been promoted on numerous public platforms and shows no signs of stopping or slowing down. I regret not saying something public five years ago. I am sorry. Please forgive me. Thank you to those who have already spoken up about this. I can see that it takes courage.

I did not address this because I feared hurting people's feelings. I'm still afraid of hurting feelings, but this must be said. I'm concerned for those participating in this and for their children. I'm concerned for those curious about it, looking for information, and finding little or nothing against it. So they assume we all think it's okay. I'm most concerned that folks new to Torah believe we all do this.

I believe a great harvest is coming from people coming to the Torah, and it's not a coincidence that they will see this practice front and center in our community. They need to be presented with another view of it from Scripture.

A lot of the people participating in this are good, God-fearing people. While this practice creates openings for demons to enter

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one's life, home, and family, it doesn't mean that happens in every case. That is not for me to judge. There are varying degrees of participation. Each case is unique.

Also, I won't name names, ministries, or businesses. Multiple variations of this practice come from multiple places, including the mainstream Christian world.

What's the real issue?

I think all Torah keepers know that sorcery, divination, and witchcraft are prohibited in the Torah. The question is this: Is using energy for scanning, diagnosing, treating, and healing a form of sorcery, divination, or witchcraft? I say, yes, it is. Manipulating that kind of energy is off-limits for believers.

Should I be quiet because this is divisive?

No, not on this issue. I don't have to be silent about this merely because it's divisive. I'm not silent about why Christians should keep the Torah. I'm not silent about how Christmas ought not to be observed. Why should I be silent about this? There is a place, time, and way to approach this, but silence is unnecessary. I will not go up to people and just start telling them how wrong they are. I don't even ask people if they do this. I will just put it out there and let Yah put it in front of who He wants to see it. I don't bring this up at in-person fellowship unless directly asked, which almost never happens. It's none of my business who does this.

Do I lack humility?

Having an interpretation that differs from someone else and saying so aloud does not lack humility. I could be wrong on this issue, so I will read every email. So far, I have found no evidence that this is Biblical. And I've watched hours and hours of teachings about it. This is a lot like when I came to Torah. People told me that I was arrogant then, too. I have found that whenever someone interprets sin differently, the word "arrogant" gets thrown around. We must be slow to be offended and quick to forgive. I don't speak up on very many controversial matters. But this one is worth speaking up about. People are bringing this into their homes and congregations. Children could be harmed. The Body of Messiah can be harmed. It's dangerous. I am not better than anyone. I have sinned, too. Let's be real. Remember, it has taken me five years to finally say something publicly. Five years!

My Boundaries

If I were to encounter these practices, I would have boundaries. I may change these in the future. Some people are stricter or more lenient with their boundaries than I am. These are my boundaries as of now:

- I won't allow it to be practiced or promoted within my home, across my threshold. See. Deut. 6:9.
- I won't allow anyone to practice or promote it within my gates or on my property.
- When I host an event and rent a venue, that becomes an extension of my gates since I am responsible for what happens during the event. So, I won't let anyone practice or promote it at my events, like my retreat.
- I won't allow it to be practiced or promoted at my campsite at Sukkot or another event.
- If it's being practiced or promoted in close proximity to me or my children, I will move my children and myself away without making a scene.
- I won't consume or use anything infused or treated with "energy," "light," or "frequency." I and my children won't drink water infused with this "information light." The very websites that sell the light call it "magic." I would instead bring my own food and water. Be careful where you source supplements and other products. A distributor should be upfront and transparent about what practices they perform on their products before they give it to you. To me, this is like food sacrificed to idols. I wish such products had a warning label so people who don't want to consume them are aware that they have been treated with the "light information."
- I won't let people involved in these practices lay hands on me or my children or be in a chain of people laying on hands who practice this or with people I don't know very well.

Reasons to Run From Energy Occult Practices

Let's look at several reasons why believers should have nothing to do with the occult practice of energy healing, diagnosing, and manipulation. These are listed in no particular order. This is also not an entire list. There's a lot more information out there. Search for it. I'm not going to devote much more time to this. This is just to get you thinking, questioning, and searching the Scriptures.

Sorcery in the End Times

We should be on the lookout for sorcery and practices that are off-limits because Scripture says sorcery will be more abundant and deceptive in the end times. Many of us believe Yeshua is coming soon, so we should be extra careful to watch for deceptions of sorcery more than ever. It should not surprise us that it has infiltrated our Torah community. See Revelation 18:23, 2 Thes. 2:9,

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Micah 3, 1 Tim. 4:1-2, Rev. 12:3-4, Acts 20:28-31.

Don't do it because the Lost Tribes did it!

If a practice is being promoted as Biblical, and one of the reasons is because it came from the lost tribes, that is enough to make me run in the other direction. The Lost Tribes were punished and exiled because of their pagan practices. Why would anyone desire to mimic any of the behaviors of the punished tribes? See Jeremiah 3, 2 Kings 17, Micah 3, Ezekiel 12-13. Even in the New Testament, we read about exiled Israel coming to faith and having to get rid of their sorcery. See Acts 19:18-19, Galatians 5:19-21.

Dressing it up in Bible lingo doesn't make it Bible.

Beware of occult practices that have origins in paganism but are promoted with new Biblical lingo. It's the same ancient pagan practices with new names and variations. Energy healing systems are never shown in Scripture. It's not in the Bible. Let me say that again: It's not in the Bible. If someone says their practice is from God, but it's not in the Bible, run! Especially if they claim it's Biblical! It's one thing to say something is permissible, but if they are going a step further and saying that God wants you to do it, yet it's not in Scripture, run! See Deuteronomy 4:2. And no, I'm not going into all the history of energy occult practices. Research. It's better if you find and learn it yourself. It's similar to the Christmas issue. "Is it really that pagan?" Yes, it is. "Did God really say?"

"But, Amy, it works, and it helped me."

First, I want you to know I am so sorry if you are suffering. I do not want anyone to suffer from illness, injury, or pain. But still, the Bible says some things are off-limits. Just because a forbidden practice helps in some way doesn't make it permissible. The fact that it has helped some people is a big red flag. Where did that power come from? Demons have powers and can do wonders. Energy systems are being promoted as "It works. Therefore, it's from God and must be okay." No, no, no. Just because it works does not mean it's from Yahweh. Look in the Bible to see when wonders were done yet aren't from Yahweh. See Exodus 7:8-10, 2 Thes 2:9, Matthew 24:24, 1 John 4:1. There are lots more passages. Search. And if you think Satan wouldn't use his powers in a healing sort of way, read 2 Corinthians 11:14. Satan isn't always mean to people. He can be nice to you. That's how he deceives. Another possibility that cannot be ignored is that the results may be due to coincidence, changing diet or supplements, placebo effect, hopeful outlook, and more. You might feel better, but that doesn't mean it's due to God approving occult-energy practices. It's terrible to suffer. But that doesn't make it okay to engage in sin. I won't eat unclean meat to save my life if I'm starving. That is the real Daniel diet. Obey the Torah, no matter what. Then, see if you get a genuine miracle from Yahweh! I pray that you do and your suffering is relieved!

The practice takes the place of the Holy Spirit.

Any practice that replaces the work of the Holy Spirit should raise a huge occult red flag. Some of these practices involve diagnosing your sin. They diagnose greed, unforgiveness, and so on. Conviction should not come from a machine. And yes, sometimes the machine can be right. That should scare you. The Holy Spirit convicts us through Scripture, prayer, your spouse, elders, etc. You don't need a machine with a database to see your sin.

Just because God made it doesn't mean we get to tinker with it. People who say, "Well, God made it, so it must be okay for us to tinker around with it," do not know Torah well. I've been asked several times, "Well, Amy, do you believe there is energy?" Yes, there is energy, of course. Some forms of energy exist in the physical realm, and we can tinker with them, like electricity and cell phones, which work with digital communication (explainable binary code), and so on. But some energy exists in a spiritual realm, like the breath of life that God breathed into mankind. And the occult has always been tinkering in the spiritual realm. But it's off-limits for Yahweh's people. This mystical energy is nothing like a cell phone. Just because something exists and we can access it doesn't mean we are allowed to. Want examples of Bible things in the spiritual realm that we technically can but aren't allowed to access?

- We can talk to the dead, but it's off-limits. See Lev. 19:31, 1 Sam. 28:5-19.
- The Tree of the Knowledge of Good and Evil was supernatural; they could eat it, but it was off-limits. See Genesis 3.
- Divination and sorcery are possible but off-limits. See Deut. 18.
- Fortune telling is possible but off-limits. See Lev. 19-20.

The only spiritual tinkering that is allowed is praying. To access supernatural power, pray. And yes, the Biblical way of laying on of hands and the spiritual gift of healing are forms of prayer, where the glory and power come straight from the Almighty. (There are other spiritual gifts, too.) Other things that we can tinker around with but should not include cloning, abortion, gender, and weather manipulation. I could go on and on. Just because God made it and you can manipulate it doesn't mean you're permitted to do so.

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If a promotion for these practices defends it with “God made it, so we can do what we want with it,” you should flee from it. You don’t have to go any further. They don’t know their Bible. That is enough to know it’s wrong.

It’s New Age

Sorcery and divination practices are very old, but the New Age movement dresses them up to appeal to modern people. You can go and study New Age practices and start learning some of its lingo to recognize it. Google something like “warnings about New Age for Christians.” You might be shocked at what you learn and how much of it has crept into our faith walks. I’ve been guilty, too. It’s very sneaky. It always sounds so nice. But it’s humanism, always drawing people to be their own God, or to be the same as God. One of the biggest lies of the New Age thinking is that our bodies are perfect, and if we just tap into our inner perfect-ness, we can be perfect. Our bodies are not perfect. They have not been perfect since Genesis chapter 3. Since sin entered the world, our bodies and DNA have been decaying. All of creation is degenerating. This is, of course, the opposite of evolution. This idea is also a central focus of humanism. New Age and humanism have very similar ideas. We are fearfully and wonderfully made, for sure! As a nurse, I’ve seen and learned amazing things about our bodies! They display the glory of a Designer and Creator! But things now are not like they were in the Garden of Eden. Everything changed when Adam and Eve sinned. There is no physical “inner perfectness” to reveal or attain in this life. That is the hope of the resurrection and restoration of all things. It hasn’t happened yet. That’s the Last Great Day after Sukkot! Also, when you see Scripture promising blessings of health and prosperity for keeping the commands, remember that many of those passages are for the whole of Israel gathered together in the Land, living under Torah rule. Read those passages in context. That is not the time we are in. We are in exile, being punished for the northern tribes’ sin of mixing pagan practices with the Torah.

We will die. We are mortal. The Father does not want us to suffer, but because of sin, we sometimes must suffer and, eventually, die. Praise Yah, we will not see the second death! See Hebrews 9:27, 1 Peter 5:10, Romans 5, John 16:33, Psalm 107:17-22.

Another point made recently by someone promoting this is that, supposedly, the pagans are always copying God’s good things, so if there are energy practices out there that are pagan, it’s because they were copying the one true energy system and healing touchpoints of God. But pagans didn’t copy everything from God and His people. The person who says this has forgotten that fallen angels were on earth interacting with humans. This is a strong possibility for where the pagans could have learned occult practices. See Genesis 6 and Genesis 11. Occult practices were not learned from God. So, where did the pagans learn about spiritual energy and touchpoints? Which spirit taught it to them? See 1 Tim. 4:1.

Yes, there are miracles in the Bible.

Miracles were done by Yahweh and Yeshua when He chose, where He chose, how He chose, and through whom He chose. People paying money for miracles done on their terms is not the same as the miracles we see in the Bible. Yeshua didn’t do his miracles with books, classes, YouTube videos, step-by-step touchpoints, machines, etc. Sometimes, he didn’t even touch people! It’s not the same as Yeshua’s miracles at all. If someone says, “We can all tap into the same power that Yeshua healed with,” run. That’s humanism. “We can all be gods.” See Ex. 20:3, Genesis 3:5. My objection is not that God’s power is evil. Of course, it isn’t. My objection is that we aren’t allowed to tinker with it in this way.

Watch out for remote work.

When you start seeing remote work being done, you should be concerned that an occult practice is involved.

I saw one practitioner doing this by having a client send in a sample of urine, hair, or other organic material from their body. Then, the sample will be scanned at the office so the client can be diagnosed and treated. Later, that same practitioner changed what gets sent in. Instead of organic material, the client now has to write some answers and their signature on a piece of paper and mail it with a picture of him/herself to the office to be scanned by the machine and diagnosed.

This is witchcraft! Research remote occult practices and where they come from. They don’t operate in the physical realm.

Paul did some supernatural acts in Acts 19:11-20, but an incident does not create a precedent.

It’s also interesting that the method changed. I wonder if it was changed to be more palatable. That’s the whole purpose of Satan. He always wants to make sin palatable and attractive. See Genesis 3:5.

The energy is supernatural and mystical.

One of the big selling points of energy healing is that it supposedly works in the natural world. But it does not. It’s not electricity. It’s not sound waves. It’s not a vibration. I recently watched a video of someone promoting the energy stuff, and they admitted that it’s not electricity at all. They called it an “energetic signature,” and that was the extent of the explanation. They acknowledged that it’s not what scientists are measuring at all. The machines are measuring something, yes, but they don’t know what it is. They can never fully explain it. This isn’t operating in the physical realm. It’s operating in the supernatural realm. It’s off-limits. That’s why they use weird, vague words like “frequency,” “telecommunication,” and “information.” And if you ask, “What kind

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of frequency?” or “What kind of information?” they have no further explanation. They don’t know. Even if they talk around and around, they never really can answer what it is. That’s because it’s spiritual. Frequency is not a thing by itself. You can measure the frequency of something, like a sound wave, an electrical wave, or an ocean wave. Frequency is just a measurement of how fast waves are moving. You don’t just have “frequency.”

Our cells give off a small amount of electromagnetic energy, sure. However, measuring it is difficult and unreliable, at best. Hulda Clark was one of the founders of the modern version of frequency radionics and did extensive work in the field. In 2000, in her *Syncrometer® Science Laboratory Manual*, she wrote that several variables can affect your bandwidth, such as body temperature, eating, time of day, rainy weather, and feeling sick. (See Exp. 25 in her manual.) How can this be safe? How can you diagnose and treat with so many variables changing the results? With those kinds of variables, it’s doubtful it’s even real. Again, if a machine got it right, it got lucky, or the power came from a spirit.

Using biofrequency to determine diagnoses and treatments is straight from New Age mysticism. Google it. There are electromagnetic frequencies, yes. But that’s not what this is. Some vibration therapies can treat things in the natural physical realm, but that is also not what this is. I know there are electrical currents in the body. As a paramedic and emergency room nurse, I used 360 joules of electrical energy to defibrillate the rhythm of dying people’s hearts! But in that case, the energy means something. It has an actual definition. And it works in the natural physical realm. I have a basic understanding of how calcium channels work with atomic-level chemistry in the membranes of nerve cells to move electrical impulses at lightning speed. It’s a miracle of creation how our nervous system works! I also love how the intrinsic node of my heart creates its own electric impulse, known as automaticity. Our bodies are amazing! This is why if someone has too much potassium (hyperkalemia), they can have a heart attack. Potassium levels affect the electrical function of the heart muscle. Potassium ions are how our electrical nervous system works. Chemistry makes electricity in our nerve cells, and it’s amazing!

All of that works in the natural physical realm. Animals’ bodies work similarly. Do you know what makes humans special? Our soul, our nefesh. The breath of life from our Creator makes us unique. We ought not to mess around with that. Side note: I fear we are building a modern-day tower of Babel. Man has always wanted to be like God. See Gen. 3:5. With today’s tools, computers, and machines, we can access and tinker with the supernatural like never before. At the same time, languages are no longer confused. We live in a dangerous time. Protect your home and your children from the modern-day towers of Babel. See Genesis 11.

Side, side note: I’ve been told that I’m fearful and biased because of my background as a nurse. I admit I may have a bias. We all have biases. That is part of why it’s taken me five years to speak out. I have doubted my point of view because of my bias. But I actually have a great appreciation for and participate in natural healing modalities. While I still have some appreciation for some aspects of mainstream healthcare, I have also been personally let down by it and have seen firsthand the harm and sin in many aspects of mainstream medicine. My bias may be there, but it’s small these days. Even so, IF I have a bias about mainstream healthcare or natural healthcare, it doesn’t matter. This energy stuff is not natural health. It’s often offered alongside natural health services, but it’s different. Be discerning.

“But, the testing all lines up.”

Another selling point is that, supposedly, the energy system matches Biblical themes, like language, alphabets, numbers, names, and so on, so it must be from God. But those names, numbers, and correlations of them in this way are not from God. The use of numbers, words and machines in this way was invented by people. These are invented practices.

There is a lot of numerology behind these invented themes. The tricky thing with numerology is that if you do enough number gymnastics, you can find any correlation or pattern you want. This is why the Christian world loves looking for secret Bible codes and claims to find them. Lots of money has been made with numerology and Bible codes. The basic premise of a popular energy method is nothing more than a new “Bible code” wrapped in different lingo.

Let’s explore the numerology further. Here’s an example of how this is done:

1. Use numbers from Hebrew letters.
2. And if there aren’t enough letters, add some ending vowels to make it work. (This is not commanded in the Bible.)
3. Use those numbers to assign a number to some other Bible words, like people’s names, portion names, name combinations, books of the Bible names, and so on. (This is not commanded in the Bible.)
4. Assign numbers to a pagan stuff like touchpoints, channels, pathways, birth numbers, astrology, etc. (This is not commanded in the Bible.)
5. Use a machine to find a correlation between the numbers of the Bible stuff and the pagan stuff. (This is not

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- commanded in the Bible.)
6. If the numbers don't correlate the first time, do gymnastics with them, like adding them together, dividing by the number 7, trying a different set of Hebrew words, using a different language, setting one aside, and calling it "special," renaming the touchpoints so they have new numbers, and on and on and on. (This is not commanded in the Bible.)
7. If it still doesn't correlate enough, try changing the settings on the machine so you measure it differently, or do number gymnastics with the frequency numbers and so on. (This is not commanded in the Bible.)
8. Eventually, with enough trial and error, "Voila!" You invented a correlation between the Bible and pagan practices, so you think you can call your new thing "Biblical." (This is not commanded in the Bible.)
9. You can even say your system is "tested" and "verified," and maybe even "re-discovered," or "from the Holy Spirit." (This is not commanded in the Bible.)
10. And to really convince people that it's from the Bible, add a hypothetical story about those letters and a Bible character to explain how the whole thing became hidden so that you can "discover" it again, just like God wanted you to, and then charge money for it. (This is not commanded in the Bible.)

You can find any "correlation" you want if you search long and hard enough. I will say that again: If you search long and hard enough, you can find anything. Test results can be made to say whatever you want them to say. This happens in mainstream science all the time.

I'll choose a tourniquet, thank you.

Some energy practices promote supposed "life-saving" measures involving specific placement of hands for energy manipulation, such as for hemorrhage/severe bleeding, stroke, and so on. I'll use a tourniquet for hemorrhage instead, thank you. Click here to buy a great tourniquet. (That's an affiliate link for Refuge Medical because their tourniquets help people in more ways than one.) I'll also be applying pressure with my hands to the wound to stop the bleeding. And no doubt, I'll be praying to the God of Abraham, Isaac, and Jacob the entire time I'm applying that tourniquet. I will pray for the legitimate power of the Great Physician, according to His will. He hears me. And then He decides if He will heal. I will do my best with a tourniquet, but I will not force my will by manipulating Yahweh's power with mystical energy touchpoints. See Matt. 6:6, 1 John 5:14.

It's not laying on of hands.

If an energy modality is being promoted as if it's the same as laying on of hands from the Bible, run. Many energy practices involve placing your hands on yourself or someone else in specific places on the body to heal different ailments.

Watch for manipulative questions like this: "Don't you think this is what Yeshua was doing?" "Don't you think this is what the apostles were doing?" "Aren't we supposed to be like them?"

No, that's not what he was doing because the Scriptures don't tell us so! Even the laying on of hands by the elders is never described in this way. Never! People were healed by Yeshua in many ways because His power wasn't obtained through physical methods. Sometimes, He wasn't even there! Yeshua can even heal remotely.

Of course, I believe in the gifts of the Holy Spirit, but it is not commanded in Scripture to exercise the healing gift in this way! Scripture is the authority. Don't be swayed by questions that start with, "Don't you think....?", "What if..?", "Could it be that...?" Also, be careful who you allow to lay hands on you and your family. Not everyone should be laying their hands on you or your children, especially if you don't know them and where they are spiritually. Being "nice" is too low of a bar for letting someone touch you this way. There is a supernatural force in it. It can be for good, such as elders praying for someone, but it can also involve evil. Which spirit are they laying on you? See 1 Tim. 5:22, 1 Tim. 4. Also beware of chains of people laying on hands. Do you know the spiritual condition of everyone in that chain? Protect yourself and your family. Research evil spirits being transferred by laying on of hands.

Side note: I've seen a touchpoint energy system pitch that implies that it's the same as laying on of hands from Scripture. Question: Can you imagine if someone came to elders asking for prayer and to have them lay hands on, and they asked for their credit card first?

You don't have to dig deeper to know it's wrong.

I've heard this argument a few times, "You cannot have an opinion against it until you have purchased and read an entire book, watched hours of videos, and even met with practitioners who do this and had sessions with them to try it out yourself."

Yes, I can have an interpretation of Scripture that reveals this is wrong without all that. Watching even one video about it is enough to see it goes against Scripture. Why would I want or need to keep going deeper into it? If an hour of someone stating

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why it's okay according to Scripture proves all their points actually go against Scripture, what else is needed to explore? See Deut. 12:29-32.

For the record, I have watched dozens of hours of videos from people teaching this. I didn't need to. The first video I came across went against Scripture. You don't need to watch hours of videos, either. If a proponent of this spends a great deal of "air time" defending the practice as not being occult and that you just have to try it to change your mind, that should raise enormous red flags. They want you to go deeper because the deeper you go, the more you can be deceived because it sounds so nice. You'll be impressed with a big book with lots of technical-sounding lingo, you might be intrigued and curious, and ultimately, you may be "helped" by it. Then, you're hooked. But that "help" may come at a high price. Did you know that people afflicted by evil spirits often have physical ailments? The very thing helping you with one ailment may be causing another, making you have to go back repeatedly. It's a vicious trap that's hard to escape. If you have mysterious symptoms and you're involved in the occult (even if it's well-intentioned), you should consider that an evil spirit may be afflicting you. We underestimate spiritual warfare. See Mark 9:20, Job, Mark 5, and more.

It fails every test.

Energy healing and the like fail every honest Scriptural test. They also fail any fruit test. If someone had the solution to every ailment, how could they put it behind a paywall? Of course, a worker is worth his wages, but if it is real and from the Bible and God, it doesn't belong to any man or woman. Selling it for money would be more morally offensive than a pharmaceutical company withholding the cure for cancer! It should be given away freely, and if it actually worked, that person would be well supported, I'm sure. That is the only fruit test I will examine, although there are more fruit tests. See Matthew 7:15-20 (noticing the word for "fruit" includes the fruit of the loins, one's children, and household), 1 John 4:1, Gal. 5, James 3:17, Is 8:20, Deut. 13:1, Jer. 23:16, Ez. 13:9, Rom. 16:17-18, and on and on. These practices also fail any kind of Spirit test simply because they failed the Scripture test. The Holy Spirit never contradicts Scripture. Only the Scripture test is objective. It trumps all other tests.

Phrases that are red flags

Watch out for these red flags. They are phrases that sound nice, but if the whole thing doesn't line up with Scripture, it's still wrong. These are not exact quotes but paraphrases. Red flag manipulative phrases that you might hear variations of:

"Minister." The word "minister" is used in sales pages for classes of a popular method, probably because the method is branded as being Bible-based. So, then, I would assume only mature believers who demonstrate good fruit are allowed to pay the expensive course fee to become practitioners of the system. If the class is to train someone to minister spiritually with Biblical, spiritual energy, then surely they interview applicants and reject anyone's money or participation in the course who doesn't meet the standard of a mature believer who can rightly handle powerful spiritual energy. And if they really are becoming an energy minister, they should also meet the vigorous fruit checks in 1 Tim. 3 and Titus 1. I assume they carefully screen course applicants before they pay hundreds or thousands of dollars. Otherwise, you could have all kinds of non or weak believers who are deeply into occult energy practices masquerading in their communities with a Biblical copy of the same thing, doing it in the name of God and claiming to have the power of Yeshua (because that's the sales pitch). See 1 John 2:19, Matthew 24:24, Acts 8:9-24.

"People reject this because they are weak with fear." Fearing Yahweh and the curses of disobedience is not weakness. It's walking uprightly. We should fear dabbling in the occult. Fear is a manipulative word.

"If you have faith, you'll go along with it." That is unfair and manipulative.

"This is from the Holy Spirit, so if you deny what I'm saying, you're blaspheming the Holy Spirit." Seriously? It fails the Scripture test, which means it fails the Holy Spirit test. Be leery of people throwing around accusations of "blaspheming the Holy Spirit" against those who disagree. Condemnation is above their pay grade. By saying that people who disagree with them are blaspheming the Spirit, they are telling you that if you don't join in, you're going to Hell. That will get you on board. Ouch.

"God made it, so it's okay and good for us to do." No, no, no.

"All mainstream medicine is evil, but this is from God." No, not ALL mainstream medicine is evil. Some is, but some is not. This is a manipulation technique to make you HAVE to go to the mystical world of energy healing. Try natural health. Lots of natural health is fine. In some cases, you may need to use some aspects of mainstream medicine with caution.

"If you go to a mainstream doctor instead of using my system, you're putting your faith in Satan." That is a manipulative lie.

"God revealed it only to me, and it will only cost you money." Sigh.

"I'm an expert, so you should trust me." No, you aren't an expert. I don't trust experts, anyway. I think we all learned that lesson during Covid.

"You use a cell phone, so why wouldn't you use this?" A cell phone works in the physical world with binary code of 1's and 0's. It's totally different. Watch out for them throwing around familiar words to make you comfortable. It's manipulation.

"It's just like a lie detector test; the body knows things, and the machine picks it up because it's electromagnetic." No. A polygraph

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measures physiological factors. These include heart rate, perspiration, blood pressure, respiration, and skin conductivity (the galvanic skin or electrodermal response). When people are under stress, they sweat, and the salty sweat interrupts the conduction measurements. It is determined by applying a small current. They don't measure a current coming from the body but are measuring the current the tester applies to the body. Polygraphs do not measure electromagnetic frequency. It's completely different. These misleading statements make you feel comfortable by mentioning something familiar to you. Also, research the moral debate of convicting someone based on the questionable accuracy of polygraph machines, especially regarding measuring conductivity. Some examiners don't even use that factor. They will only measure the other physiological signs.

"Don't throw the baby out with the bath water. Just because you get rid of pagan stuff doesn't mean you have to get rid of this." We get rid of pagan stuff that is used in worship or to replace Yahweh. This energy power replaces Yahweh. I don't think some people understand where and why we choose to draw certain pagan lines. It's twisting Torah. Comparing pagan occult practices to physical intimacy between a man and a woman doesn't make sense. And yes, I've seen that comparison made.

"The pagan ways of using energy healing are all counterfeits of God's energy healing system, which I just re-discovered." The word "counterfeits" is thrown around a lot. They are all the same pagan thing. None of this is from Yahweh.

"You can't make this stuff up." Actually, you can. An "impossible coincidence" of results can be entirely made up. You can make this stuff up.

"It works in Hebrew and English, so it must be true!" Well, what about the rest of the world? If it's from God, it's for everyone, right?

"The more people who work on someone, it's exponentially better." Ew.

"We have a new name for this procedure. Now, we call it this..." It's a red flag when they change the names of things or start calling it something different. They may also remove or try to hide old videos, as well, so you never notice they started calling it something more palatable and comfortable. Sometimes, they change the procedure, too.

"How could that work?..." Just because they don't understand how something in the body functions doesn't mean it must be due to this mystical energy. Such as, "How could the heart pull blood up from the feet? They say it's a pump, but how could that be true?" That person doesn't know about valves inside of veins. Be careful with questions that lead you to say, "Oh, yes, your thing must be the answer. Everyone else is lying." Dig deeper. Or walk away.

"But so many good people do it. It must be okay." No. Truth is not determined by the majority on a wide path. Walk the narrow path. There are more people against this than you realize.

Finally, watch out for technical, complicated, smart-sounding jargon you don't understand. I've already heard from people, "I don't understand everything in the book. It's over my head." Well, if you don't understand it but can see that the pagans are doing the same practice, why would you do it? If you don't understand the technical aspects of what you're involved in, then you don't know for sure that it is truly different from the identical-looking practice of the occult. And if you can't be sure, why would you risk it? You shouldn't just trust someone with this. It's a big deal. No matter how nice they are, how smart they sound, or how many Bible-ish words are thrown around, you should stay away if you don't fully and completely understand every detail of the technical stuff. Those are the details they claim make it Biblical. So those are the details you need to verify. Sorcery is not permitted in the Torah.

When any teacher says something like, "I've discovered something Biblical that no one else has ever known before!" he should be open to intense scrutiny of his new teaching. And we should all examine it in depth. But if it's based on "correlations," and it looks and smells just like pagan occult practices, and no one can even understand the entire teaching, your "false doctrine" radar should be going off big time!

A final red flag is to notice that if the teacher's pitch involves:

1. Mocking those who disagree (and getting others to mockingly laugh at people who disagree.)
2. If the mocking doesn't work, accuse them of blaspheming the Holy Spirit.

Run!

Closing

I could say so much more, but I'm so tired of it after looking at it so intensely. My heart is weary of the darkness surrounding it, and after I post this, I will try to leave it all alone. I hope it doesn't cause a stir, but I know it may. I pray that it stirs people to look more closely at these New Age but ancient occult practices and to walk away from them. Getting the community a little stirred up to abandon these practices would be good, albeit a little painful, for a while. Please cover me and this message in prayer. I prefer shalom for all of us.

But unity and shalom are not my most important goals in this life. Worshipping Yahweh according to His instructions and lifting up the name of Yeshua are what I want more than anything. Their glory is being stolen with systems that claim to be able to attain

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and use the power of Yeshua on demand with occult practices. This is the spirit of the antichrist.

I know you may have questions or rebuttals. I'll read your emails. I am aware this wasn't a complete study on it. There are many other fuller studies out there online. Look for them. I don't have time right now. Even if you present an argument I didn't address here, that doesn't make you right.

I'm not here to win a debate. This is way bigger than debate class skills and research skills from 11th grade. This is life and death, curses and blessings. This is recognizing the spirit of the antichrist and having the oil in our lamps, and being a clean bride when our bridegroom returns.

This is also about being content in all circumstances, even if we don't get physical healing in this lifetime.

Important Encouragement for You

I'm so aware that at the heart of this discussion are hurting people seeking relief. Your eternal life (if you are born again) will be so much better than this life. Your suffering here is temporary. He loves you. He sees your suffering. Keep crying out to Him and pursue healing through Biblically sound methods. And through your suffering, praise Him. Read the entire Bible. Start at the beginning.

Finally, if you are suffering, please watch this two-minute video to encourage you. I wrote this and turned it into this video in early 2023 for the Torah Sisters Retreat.